Tyndale Community School Lunch Menu – Term 1, Sept-Oct 2026

Nursery Only

	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FISH FRIDAY
WEEK 1 01/09/26 14/09/26 28/09/26 12/10/26	Mac 'n Cheese Or Jacket Potato with Cheese and/or Beans Sweetcorn and Peppers Greek Yoghurt with Fruit	Sweet 'n Sour Chicken with Rice Or Sweet 'n Sour Paneer with Rice Or Jacket Potato with Cheese or Tuna Broccoli/Peas Greek Yoghurt with Fruit	Roast Chicken & Roast Potatoes with Gravy Or Lentil Roast & Roast potatoes with Gravy Or Jacket Potato with Cheese and/or Beans Farmhouse Veg Greek Yoghurt with Fruit	Jacket Potato with Chilli Con Carne Or Sandwich with Tuna Mayo or Cheese Carrot/Cucumber Sticks Greek Yoghurt with Fruit	Fish and Chips Or Twice Baked Cheesy Potatoes Or Jacket Potato with Cheese and/or Beans Baked Beans/Garden Peas Ice Cream
WEEK 2 7/09/26 21/09/26 5/10/26 19/10/26	Tomato & Basil Pasta Bake Or Jacket Potato with Cheese and/or Beans Sweetcorn and Peppers Greek Yoghurt with Fruit	Halal Chicken Sausage, Mash and Gravy Or Glamorgan Sausages, Mash and gravy Or Jacket Potato with Cheese or Tuna Carrots/Peas Greek Yoghurt with Fruit	Roast Chicken & Roast Potatoes with Gravy Or Lentil Roast & Roast potatoes with Gravy Or Jacket Potato with Cheese and/or Beans Farmhouse Veg Greek Yoghurt with Fruit	Jacket Potato with Beef Bolognese Or Sandwich with Tuna Mayo or Cheese Carrot/Cucumber Sticks Greek Yoghurt with Fruit	Fish Fingers and Chips Or Cheese & Onion Pasty Or Jacket Potato with Cheese and/or Beans Baked Beans/Garden Peas Ice Cream