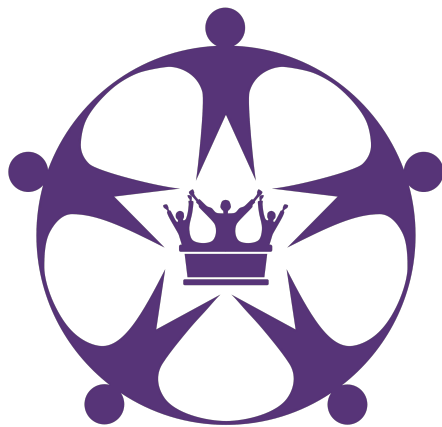
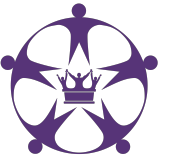




PE at Tyndale Community School

PE Team



Miss Simpkins

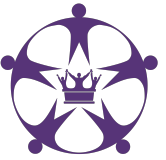


Miss Lygo-Gomersall



Mr Carbon

Subject Intent

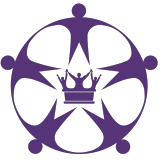


At Tyndale Community School, we believe all children should have access to a high-quality Physical Education curriculum and PE should be an integral part of the whole school curriculum. Our School recognises the benefits of a high-quality PE provision and what school sport can give to all pupils.

Our vision for Physical Education and Sport is that every child should have the opportunity to take part in physical activity on a regular basis and become more physically confident and competent. We hope that through all the sporting opportunities and physical activity we offer, the children will develop a love and passion for sport and continue this into their later lives.

We do this through fully adhering to the aims of the national curriculum for physical education to ensure that all children develop competence to excel in a broad range of physical activities, children are physically active for sustained periods of time, children engage in competitive sports and activities and lead a healthy active life.

Subject Implementation



Through activities and intra-school competitions, we aim to raise the profile of PE and expose our children to sports that they may never have had the opportunity to engage with. Our PE syllabus is based on an enhanced model of the Early Years Framework and the National Curriculum with a clear progression structure from Reception to Year 6. This progression of skills has been planned in order to build on the skills needed to meet the end of Key Stage objectives in the National Curriculum. An imperative element of the curriculum at Tyndale shows a need for healthy lifestyles, having balanced diet, positive growth mindset and the resilience to persevere to be the best you can be.

At Tyndale we strive to achieve excellence in PE, this is shown by the success criteria of, children's activity levels increasing, obesity levels dropping and enjoyment of pupils participation increasing. At Tyndale we ensure that all pupils develop physical literacy and the fundamental knowledge and understanding of skills to excel in a wide range of physical activities, by providing a broad and balanced curriculum with opportunities for all. Incorporating our school values, integrity, kindness, respect and curiosity in each lesson which will develop the whole child holistically for the future. .

Subject Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year R	Fundamentals	Fundamentals	Ball skills	Ball skills	Games	Games
Year 1	Fundamentals	Invasion Games	Gymnastics	Team building	Target Games	Ball Skills
Year 2	Fundamentals	Invasion Games	Gymnastics	Team building	Target Games	Ball Skills
Year 3	Netball	Basketball	Gymnastics	Tag Rugby	Football	Handball/rounders
Year 4	Netball/Badminton	Tag Rugby/Cricket	Athletics/Football	Sports Day/Handball	Swimming/Gymnastics	Swimming/Gymnastics
Year 5	Netball/Badminton	Tag Rugby/Cricket	Swimming/Gymnastics	Swimming/Gymnastics	Athletics/Football	Sports Day/Handball
Year 6	Swimming/Gymnastics	Swimming/Gymnastics	Netball/Badminton	Tag Rugby/Cricket	Athletics/Football	Sports Day/Handball

PE Plan Year 1												
		Term 1 - Fundamentals		Term 2 - Invasion Games		Term 3 - Gymnastics		Term 4 - Team Building		Term 5 - Target Games		Term 6 - Ball Skills
Week 1	9-Sep	Games.	4-Nov	Games.	06-Jan	To explore travelling movements.	24-Feb	To co-operate with a partner to complete challenges.	21-Apr	To develop underarm throwing towards a target.	2-Jun	To develop control and co-ordination when dribbling a ball with your hands.
Week 2	16-Sep	To explore balance, stability and landing safely.	11-Nov	To understand the role of defenders and attackers.	13-Jan	To develop quality when performing and linking shapes.	3-Mar	To explore and develop working as a team.	28-Apr	To develop throwing for accuracy.	9-Jun	To explore accuracy when rolling a ball.
Week 3	23-Sep	To explore how the body moves differently when running at different speeds.	18-Nov	To recognise when to pass to and why.	20-Jan	To develop stability and control when performing balances.	10-Mar	To develop talking, listening and sharing skills.	5-May	To develop underarm and overarm throwing at a target.	16-Jun	To explore throwing with accuracy towards a target.
Week 4	30-Sep	To explore changing direction and dodging.	25-Nov	To move towards goal with the ball.	27-Jan	To develop technique and control when performing shape jumps.	17-Mar	To use speaking and listening skills to lead a partner.	12-May	To develop throwing for accuracy and distance using underarm and overarm.	23-Jun	To explore catching with two hands.
Week 5	7-Oct	To explore jumping, hopping and skipping actions.	2-Dec	To support a teammate when playing in attack.	3-Feb	To develop technique in the barrel, straight and forward roll.	24-Mar	To plan with a partner and small group to complete challenges.	19-May	To select the correct throw for the target.	30-Jun	To explore control and co-ordination when dribbling a ball with your feet.
Week 6	14-Oct	To explore co-ordination and combination jumps.	9-Dec	To move into a space showing an awareness of defenders.	10-Feb	To link gymnastic actions to create a sequence.	31-Mar	To use talking, listening and sharing skills to complete challenges.			7-Jul	To explore tracking a ball that is coming towards me.
Week 7	21-Oct	To explore combination jumping and skipping in an individual rope.	16-Dec	To stay with a player when defending.							14-Jul	Games.

PE Plan Year 2												
		Term 1 - Fundamentals		Term 2 - Invasion Games		Term 3 - Gymnastics		Term 4 - Team Building		Term 5 - Target Games		Term 6 - Ball Skills
Week 1	9-Sep	Games	4-Nov	Games.	06-Jan	To perform gymnastic shapes and link them together.	24-Feb	To follow instructions and work with others.	21-Apr	To consider how much power to apply when aiming at a target.	2-Jun	To be able to roll a ball to hit a target.
Week 2	16-Sep	To explore how the body moves differently when running at different speeds.	11-Nov	To understand what being in possession means and support a teammate to do this.	13-Jan	To use shapes to create balances.	3-Mar	To co-operate and communicate in a small group to solve challenges.	28-Apr	To understand how to score using overarm and underarm throwing.	9-Jun	To develop co-ordination and be able to stop a rolling ball.
Week 3	23-Sep	To develop changing direction and dodging.	18-Nov	To understand that scoring goals is an attacking skill and to explore way to do this.	20-Jan	To link travelling actions and balaces using apparatus.	10-Mar	To create a plan with a group to solve the challenges.	5-May	To develop striking to a target.	16-Jun	To develop technique when dribbling a ball with your feet.
Week 4	30-Sep	To develop balance, stability and landing safely.	25-Nov	To understand that stopping goals is a defending skill and explore ways to do this.	27-Jan	To demonstrate deffernet shapes, take off and landing when performing jumps.	17-Mar	To communicate effectively and develop trust.	12-May	To develop hitting a moving target.	23-Jun	To develop control and technique when kicking a ball.
Week 5	7-Oct	To explore and develop jumping, hopping and skipping actions.	2-Dec	To explore how to gain possession.	3-Feb	To develop rolling and sequence building.	24-Mar	To use teamwork skills to work as a group to solve problems.	19-May	To select and apply the appropriate skill to the target game.	30-Jun	To develop co-ordination and technique when throwing and catching.
Week 6	14-Oct	To explore co-ordination and combination jumps.	9-Dec	To mark an opponent and understand that this is a defending skill.	10-Feb	To create a sequence using apparatus.	31-Mar	To work with a group to copy and create a basic map.			7-Jul	To develop control and co-ordination when dribbling a ball with your hands.
Week 7	21-Oct	To explore combination jumping and skipping in an individual rope.	16-Dec	To apply simple tactics for attacking and defending.							14-Jul	Games.

Subject Overview



PE Plan Year 3

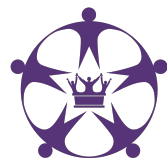
		Term 1 - Netball		Term 2 - Basketball		Term 3 - Gymnastics		Term 4 - Tag Rugby		Term 5 - Football		Term 6 - Handball / Rounders
Week 1	9-Sep	Team Building	4-Nov	Team Building	06-Jan	To be able to create interesting pinyin and patch balances.	24-Feb	To develop throwing, catching and running with the ball.	21-Apr	To develop that attacking skill of dribbling.	2-Jun	Team Building
Week 2	16-Sep	To develop passing and moving and play with the footwork rule.	11-Nov	To develop the attacking skill of dribbling.	13-Jan	To develop stepping into shape jumps with control.	3-Mar	To develop an understanding of tagging rules.	28-Apr	To develop changing direction and speed when dribbling.	9-Jun	To develop confidence in sports day games
Week 3	23-Sep	To use a variety of passes to move towards a goal.	18-Nov	To protect the ball when dribbling against an opponent.	20-Jan	To develop the straight, barrel, forward and straddle roll.	10-Mar	To begin to use the 'forward pass' and 'off side' rule.	5-May	To develop passing and begin to recognise when to use different skills.	16-Jun	To develop confidence in sports day games
Week 4	30-Sep	To develop movement skills to lose a defender.	25-Nov	To develop passing and begin to recognise when to use different skills.	27-Jan	To be able to transition smoothly into and out of balances.	17-Mar	To develop movement skills to dodge a defender.	12-May	To apply attacking skills to move towards a goal.	23-Jun	Sports Day football tournament
Week 5	7-Oct	To defend an opponent and try to win the ball.	2-Dec	To use defending skills to delay an opponent and gain possession.	3-Feb	To create a sequence with matching and contrasting actions and shapes.	24-Mar	To track an opponent and begin to defend as a team.	19-May	To use defending skills to delay an opponent and gain possession.	30-Jun	Handball - To begin to throw and catch while on the move / To move towards goal or away from a defender.
Week 6	14-Oct	To develop the shooting action.	9-Dec	To develop technique in the attacking skill of shooting	10-Feb	To create a partner sequence using the skills I have learnt and including a hoop.	31-Mar	To apply the rules and skills you have learnt and play in a tag rugby game.			7-Jul	Handball - To move towards goal to create shooting opportunities / To use defending skills to delay an opponent and gain possession.
Week 7	21-Oct	To apply skills and knowledge to play using netball rules.	16-Dec	To apply skills and knowledge to compete in a game.							14-Jul	Rounders

Subject Overview



PE Plan Year 4												
		Term 1 - Netball / Badminton		Term 2 - Tag Rugby / Cricket		Term 3 - Athletics / Football		Term 4 - Sports Day / Handball		Term 5 - Moore Swimming Saunders Gymnastics		Term 6 - Saunders Swimming Moore Gymnastics
										Swimming Gymnastics - To develop individual and partner balances. Basketball - To develop the attacking skill of dribbling.		Swimming Gymnastics - To develop individual and partner balances. Basketball - To develop the attacking skill of dribbling.
Week 1	9-Sep	Team Building	4-Nov	Team Building	06-Jan	Team building	24-Feb	Team Building	21-Apr		2-Jun	
										Swimming Gymnastics - To develop control in performing and landing rotation jumps. Basketball - To protect that ball when dribbling against an opponent.		Swimming Gymnastics - To develop control in performing and landing rotation jumps. Basketball - To protect that ball when dribbling against an opponent.
Week 2	16-Sep	Netball - To develop passing and moving and play with the footwork rule / To use a variety of passes to move towards a goal.	11-Nov	Tag Rugby - To develop throwing, catching and running with the ball / To develop an understanding of tagging rules.	13-Jan	Athletics - To develop stamina and an understanding of speed and pace in relation to distance / To develop technique when jumping for distance / To develop power and technique when throwing for distance.	3-Mar	To develop confidence in sports day games	28-Apr		9-Jun	
										Swimming Gymnastics - To develop that straight, barrel, forward and straddle roll. Basketball - To develop passing and begin to recognise when to use different skills.		Swimming Gymnastics - To develop that straight, barrel, forward and straddle roll. Basketball - To develop passing and begin to recognise when to use different skills.
Week 3	23-Sep	Netball - To develop movement skills to lose a defender / To defend an opponent and try to win the ball.	18-Nov	Tag Rugby - To begin to use the 'forward pass' and 'off side' rule / To develop movement skills to dodge a defender.	20-Jan	Athletics - To develop technique in rekey changovers / To build momentum and power in the triple jump / To develop a pull throw for distance and accuracy.	10-Mar	To develop confidence in sports day games	5-May		16-Jun	
										Swimming Gymnastics - To link actions that flow using the rolls I have learnt.		Swimming Gymnastics - To link actions that flow using the rolls I have learnt.

Subject Assessment Framework



PE Plan Year 5												
		Term 1 - Netball / Badminton		Term 2 - Tag Rugby / Cricket		Term 3 - Outen Swimming Malala Gymnastics		Term 4 - Malala Swimming Outen Gymnastics		Term 5 - Athletics / Football		Term 6 - Sports Day / Handball
Week 1	9-Sep	Team Building	4-Nov	Team Building	06-Jan	Swimming Gymnastics - To perform symmetrical and asymmetrical balances Basketball - To dribble with control under pressure.	24-Feb	Swimming Gymnastics - To perform symmetrical and asymmetrical balances Basketball - To dribble with control under pressure.	21-Apr	Team Building	2-Jun	Team Building
Week 2	16-Sep	Netball - To develop passing and moving to maintain possession / To create and use space to support a teammate.	11-Nov	Tag Rugby - To select the appropriate skill, choosing when to run and when to pass / To move into a space to support a teammate abiding by the rules.	13-Jan	Swimming Gymnastics - To develop that straight, forward, straddle and backward roll. Basketball - To move into and create space to support a teammate.	3-Mar	Swimming Gymnastics - To develop that straight, forward, straddle and backward roll. Basketball - To move into and create space to support a teammate.	28-Apr	Athletics - To develop stamina and an understanding of speed and pace in relation to distance / To develop technique when jumping for distance / To develop power and technique when throwing for distance.	9-Jun	To develop confidence in sports day games
Week 3	23-Sep	Netball - To change direction and speed to lose a defender / To use defending skills to gain possession. Netball - To develop accuracy in the shooting action under pressure / To use and apply	18-Nov	Tag Rugby - To use defending skills to gain possession / To work as a defending unit to prevent attackers from scoring. Tag Rugby - To use a variety of attacking skills to beat a defender / To apply rules.	20-Jan	Swimming Gymnastics - To explore different travelling actions using both canon and synchronisation. Basketball - To choose when to pass and when to dribble. Swimming Gymnastics - To perform progressions and inverted movements. Basketball - To use the	10-Mar	Swimming Gymnastics - To explore different travelling actions using both canon and synchronisation. Basketball - To choose when to pass and when to dribble. Swimming Gymnastics - To perform progressions and inverted movements. Basketball - To use the	5-May	Athletics - To develop technique in relay changovers / To build momentum and power in the triple jump / To develop a pull throw for distance and accuracy. Football - To maintain possession when dribbling / To dribble with control under pressure / To select the appropriate skill, choosing	16-Jun	To develop confidence in sports day games

Subject Assessment Framework



PE Plan Year 6

		Term 1 - Wesley Swimming Badawi Gymnastics / Basketball		Term 2 - Badawi Swimming Wesley Gymnastics		Term 3 - Netball / Badminton		Term 4 - Tag Rugby / Cricket		Term 5 - Athletics / Football		Term 6 - Sports Day / Handball
Week 1	9-Sep	Team Games	4-Nov	Inset Day	06-Jan	Netball - To develop passing and moving to maintain possession / To create and use space to support a teammate.	24-Feb	Tag Rugby - To select the appropriate skill, choosing when to run and when to pass / To move into a space to support a teammate abiding by the rules.	21-Apr	Team Building	2-Jun	Team Building
Week 2	16-Sep	Swimming Gymnastics - To be able to develop the straddle, forward and backward roll. Basketball - To dribble with control under pressure.	11-Nov	Swimming Gymnastics - To be able to develop the straddle, forward and backward roll. Basketball - To dribble with control under pressure.	13-Jan	Netball - To change direction and speed to lose a defender / To use defending skills to gain possession.	3-Mar	Tag Rugby - To use defending skills to gain possession / To work as a defending unit to prevent attackers from scoring.	28-Apr	Athletics - To develop stamina and an understanding of speed and pace in relation to distance / To develop technique when jumping for distance / To develop power and technique when throwing for distance.	9-Jun	To develop confidence in sports day games
Week 3	23-Sep	Swimming Gymnastics - To develop counter balance and counter tension. Basketball - To move into and create space to support a teammate.	18-Nov	Swimming Gymnastics - To develop counter balance and counter tension. Basketball - To move into and create space to support a teammate.	20-Jan	Netball - To develop accuracy in the shooting action under pressure / To use and apply skills, principles and tactics to a game.	10-Mar	Tag Rugby - To use a variety of attacking skills to beat a defender / To apply rules, skills and tactics learnt to play in a tag rugby game.	5-May	Athletics - To develop technique in relay changovers / To build momentum and power in the triple jump / To develop a pull throw for distance and accuracy.	16-Jun	To develop confidence in sports day games
		Swimming Gymnastics - To be able to perform inverted movements with control. Basketball - To choose when		Swimming Gymnastics - To be able to perform inverted movements with control. Basketball - To choose when		Badminton - To develop footwork and the forehand and backhand grip / To develop rallying and understand how to start a		Cricket - To develop throwing and catching under pressure and apply these to a striking and fielding game / To develop bowling under pressure whilst abiding by		Football - To maintain possession when dribbling / To dribble with control under pressure / To select the appropriate skill, choosing when to pass and when to		Sports Day football

How we measure progress



We measure progress in PE in a variety of ways, such as:

- Observation in lessons, where we identify those pupils that are achieving well against the shared lesson criteria
- Our curriculum is carefully sequenced, which allows children to progress through each year group and each key stage, so when they leave in Year 6 they are prepared for the transition to secondary school
- We take photos and record videos of students during some of their lessons, this also allows us to give feedback to students on their progress and techniques used.
- At the end of each year, we complete a summative assessment on each child using the school's assessment framework.

Assessment Framework



A	B	C
National Curriculum Aims	National Curriculum Aims KS1	National Curriculum Aims KS2
Develop competence to excel in a broad range of physical activities	Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities	Use running, jumping, throwing and catching in isolation and in combination
Are physically active for sustained periods of time	Participate in team games, developing simple tactics for attacking and defending	Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
Engage in competitive sports and activities	Perform dances using simple movement patterns	Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
Lead healthy, active lives		Perform dances using a range of movement patterns
Mastering basic movements such as running, jumping, throwing and catching.		Take part in outdoor and adventurous activity challenges both individually and within a team
		Compare their performances with previous ones and demonstrate improvement to achieve

Concept Strands	EYFS:	Y1:	Y2:	Y3	
Dance	Copy basic body actions and rhythms.	Copy, remember and repeat actions.	Copy, remember and repeat a series of actions.	Copy remember and perform a dance phrase.	Copy, remember and perform a choreography
	Choose and use travelling actions, shapes and balances.	Choose actions for an idea.	Select from a wider range of actions in relation to a stimulus.	Create short dance phrases that communicate an idea.	Choreograph structure and content in relation to a partner and an idea
	Travel in different pathways using the space around them.	Use changes of direction, speed and levels with guidance.	Use pathways, levels, shapes, directions, speeds and timing with guidance.	Use canon, unison and formation to represent an idea.	Use action and formation to represent an idea
	Begin to use dynamics and expression with guidance.	Show some sense of dynamic and expressive qualities.	Use mirroring and unison when completing actions with a partner.	Match dynamic and expressive qualities to a range of ideas.	Change dynamic and expressive qualities to a range of ideas
	Begin to count to music.	Begin to use counts.	Show a character through actions, dynamics and expression.	Use counts to keep in time with a partner and group.	Use counts with short phrases
F.M.S through fundamentals, fitness and athletics		Attempt to run at different speeds showing an awareness of technique.	Show balance and co-ordination when running at different speeds.	Show balance, co-ordination and technique when running at different speeds, stopping with control.	Demonstrate speed up and running.
	Run and stop with some control.				
	Explore skipping as a travelling action.	Begin to link running and jumping movements with some control	Link running and jumping movements with some control and balance.	Link running, hopping and jumping actions using different take offs and landing.	Link hopping actions with some control
	Jump and hop with bent knees.	Jump, leap and hop and choosing which allows them to jump the furthest.	Show hopping and jumping movements with some balance and control.	Jump for distance and height with an awareness of technique.	Jump for distance and height showing balance
	Throwing larger balls and beanbags into space.	Throw towards a target.	Change technique to throw for distance.	Throw a variety of objects, changing action for accuracy and distance.	Throw with some power toward
	Balance whilst stationary and on the move.	Show some control and balance when travelling at different speeds.	Show control and balance when travelling at different speeds.	Demonstrate balance when performing other fundamental skills.	Demonstrate performing other skills.
	Change direction at a slow pace.	Begin to show balance and co-ordination when changing direction.	Demonstrates balance and co-ordination when changing direction.	Show balance when changing direction in combination with other skills.	Show balance direction at speed with other skills
	Explore moving in different body	Use co-ordination with and	Perform actions with increased control when co-ordinating their body with and without	Can co-ordinate their bodies with increased consistency in a variety	Begin to co-ordinate